Dishes and their allergen content Week 1 January 25 – May 25

(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)

Dishes						Lupin Flour	Milk		MUSTARD			HEAM		WINE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Creamy Macaroni Cheese (V)		X - Wheat					X		X					
Loaded Margherita Pizza Slices (V)		X - Wheat					Х							
Chicken Tikka Masala, Rice and Naan Bread		X – Wheat & Barley												
Creamy Italian Pasta Bake (V)		X - Wheat					Х							
Gammon Roast Dinner		X – Wheat & Barley											Х	
Swedish Style balls in a Pitta Bread with Tomato sauce (V)		X – Wheat & Barley												
Fresh Tuna Pasta Bake		X - Wheat		Х	х									
Vegetable Pasta Bake (VE)		X - Wheat					Х							
Cheesy bean Wrap (V)		X - Wheat					Х							
Fish Fingers & Chips		X - Wheat			Х									

Shortbread Biscuits (V)	X- Whea	t			Х				
Crispy Cornflake Cake (V)	X - Barle	/			Х				
Raspberry Ripple Ice Cream Sponge Cake (V)	X - Whea	t	Х		Х			Х	
Lemon Drizzle Cake (V)	X - Whea	t	х		Х				
Fruit Jelly (V)									
Vanilla Ice Cream (V)					Х				

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Reviewed by: Hannah Greenway



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